

C. G. Jung Society of Colorado Springs

P. O. Box 2277, Colorado Springs, CO 80901-2277

csjung.org * 719-527-0622 * info@csjung.org

Newsletter, Fall 2016, Volume 30, Issue 1

The event on Sept. 16 & 17 will take place at Colorado College in Colo Springs, CO All other events occur at Unity Spiritual Center in the Rockies • 1945 Mesa Road • Colo Springs, CO

September 16 & 17, 2016 Lecture & Workshop

C.G. Jung Society of Colorado Springs and Colorado College welcome Stephen Aizenstat, PhD "Dreams and the Environment"



Fees: \$30 for Lecture; \$80 for Workshop \$100 for both Lecture & Workshop Students with ID can attend for 1/2 price; Colorado College students attend free

Friday Evening Lecture September 16th, 7 - 9 pm at Colorado College - Loomis Hall

In Dr. Aizenstat's lecture, participants will learn about "*The Global Dream Initiative*." This advocacy calls for a recognition of the trauma in the natural and urban landscapes along with the need to participate in their healing. Here we discover that the world's suffering appears in the living images of people's dreams. Simply said, "people can become depressed because nature is depressed".

The Global Dream Initiative develops a forum to see and hear the world's dreams. We also will learn how to begin utilizing these dreams to create new and more generative methods of attending to the growing perils facing nature.

Saturday Workshop September 17th, 9am - 3pm at Colorado College - Gaylord Hall

In this workshop, we'll go deeper into the theme of Friday evening to learn how nature enters into our dreams and asks us for our engagement. Dr. Aizenstat invites you into an innovative approach to dream work. Through story and example, he'll share Dream Tending methods that feature a process of discovery in which dreamers become "naturalists" of the psyche, observing the activity of the images in their unfolding dreamscape. He'll experiment with a worldview that playfully and soulfully sees the world as alive and always dreaming while also advocating that we go to the very depths of experience, to the level of the anima mundi — the soul of and in the world — and listen. At this level of experience we engage the voices of the world's dreams, effortlessly arising and speaking on their own behalf and asking for response. The "call to action" that emerges from the dreaming psyche is in service to the landscapes we hold dear.

Stephen Aizenstat, PhD, is the Chancellor and Founding President of Pacifica Graduate Institute, and Professor of Depth Psychology. He has a Ph.D. in Clinical Psychology and is a credentialed public schools teacher and a counselor. Dr. Aizenstat has explored the power of dreams through depth psychology and his own research for more than 35 years. His Dream Tending methodologies extend traditional dream work to the vision of an animated world where the living images in dream are experienced as embodied and originating in the psyche of Nature as well as that of persons. His book, *Dream Tending*, describes multiple new applications of dreamwork in relation to health and healing, nightmares, the World's Dream, relationships, and the creative process.

Friday, October 7, 7-9 pm *"The Bad Mother"* Lecture by Puddi Kullberg, MA, Jungian Analyst

Fee: \$10 members; \$15 non-members



In fairy tales, it is the wicked/mean/evil stepmother who takes the rap. Perhaps it would be too traumatizing to tell the tale, "Once upon a time, the children's mother convinced their father to take them out to the woods and abandon them." Can we even approach "The Bad Mother"? In this presentation we will attempt to look at her in a more nuanced light than childhood terror can apprehend. We will see her from different angles, illustrated from Jung's writings, literature and movies. We will consider her fate and (im)possible (?) redemption.

Puddi Kullberg, MA, LPC, Jungian Analyst, has been a psychotherapist based in Colorado Springs for thirty years. She trained to become a Jungian Analyst through the former Denver Jung Seminar of the Inter-Regional Society of Jungian Analysts, from which she graduated in 2012. She is a member of the C.G. Jung Institute of Colorado where she teaches and participates in some aspects of analyst training. She is also on the Boards of the Inter-Regional Society and the Jung Society of Colorado Springs. Puddi has been interested in "The Bad Mother" for many years because this image was constellated decades ago in her own life. She has struggled personally to come to terms with it, and she has worked with clients for whom this is also an issue. Puddi has seen "The Bad Mother" as though through a prism, as a many faceted phenomenon.

Friday, November 11, 7-9 pm *"Working with Men Who are Seeking Individuation" Lecture by Ken Schmitz, LCSW, Jungian Therapist*

Fee: \$10 members; \$15 non-members

As therapists and analysts we face the particular challenge of helping persons experience that they have a soul wanting to be attended to and heard. Ken Schmitz will present a framework intended to assist us in this process. While focusing on the challenges for men in this culture to embrace their own individuation call, Ken will present ideas that can also be applied to women and transgendered persons. He will be drawing on the imagery and wisdom of the Grail Mythology to elucidate Jung's work on this issue.



Montsegur, Cathar Castle

Ken Schmitz, LCSW, is a Jungian-based psychotherapist who recently relocated to Colorado from St. Paul, Minnesota. He has led numerous groups of men in the ideas and exercises contained in his book Search for the Grail: A Man's Guide for Developing an Inner Life. The men who have participated in these groups have had remarkable success in learning about their dream lives and in becoming more mature, responsible, and content gentlemen. In addition to his psychological training as a clinical social worker, Ken brings to his work the theological and spiritual background of a former Catholic priest. This enables him to address the spiritual questions and hunger for meaning that lie just below the surface in most men.

Friday, December 9, 7-9 p.m Jungian Odyssey & Annual Holiday Celebration

"The privilege of a lifetime is to become who you truly are." -- C.G. Jung

A panel of members from C.G. Jung Society of Colo Springs will describe personal experiences in their process of individuation, especially as the process is unfolding during the second half of life. They will attempt to address the question, *"As I face the changes and challenges associated with aging, how do I go on from here?"* This collective "Odyssey" will be followed by an open discussion.

Holiday refreshments and reception will follow in the Fellowship Hall. Please join us for more holiday celebration!

Fairy Tale Group & Dream Group for Fall 2016

Dream Group: Sept. 6 and 20, Oct. 4 and 18, Nov. 1 and 15, Dec. 6 and 20

Fairy Tale Group: Oct. 11, Nov. 8 and Dec. 13

> Group sessions meet from 7-9 pm Each Session is \$20

Contact Kathryn Kuisle, PhD and Jungian Analyst @ 719-527-0622 for more details

SEASON MEMBERSHIP \$20 for Fall 2016 through Winter-Spring 2017 Season

Membership entitles you to:

1. A member newsletter describing each event for our 2015/2016 season.

- 2. A reduced entry fee at each of our events per season.
- 3. Stimulating events, making the ideas of Carl G. Jung more accessible.

4. The opportunity to discuss Jung's ideas with others similarly interested.

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Contact us at *info@csjung.org* or call (719) 527-0622.

C.G. Jung Society of Colorado Springs 2016 Fall Events

- September 16 & 17 Lecture & Workshop at Colorado College Dreams & the Environment by Stephen Aizenstat, Ph.D.
- October 7 Friday Evening Lecture The Bad Mother by Puddi Kullberg, MA, Jungian Analyst
- **November 11** Friday Evening Lecture *Working with Men Who are Seeking Individuation* by Ken Schmitz, LCSW, Jungian Therapist
- **December 9** Jungian Odyssey & Annual Holiday Celebration Panel of members from the C. G. Jung Society share how Carl Jung's ideas have affected their lives.

"All true things must change and only that which changes remains true."

C.G. Jung (CW 14, par. 503)

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