

Thursday, September 14th, 2023  
7:00pm – 9:00pm  
by Alan Drymala, LPC, Jungian Analyst



### **A Case Study of Individuation: The Mandalas of Kristine Mann**

In 1928, as he was pioneering his new “Red Book” method of analysis utilizing active imagination and mandala painting, Jung began analysis with a gifted physician from New York, now identified as Kristine Mann. She had been coming for summer training with Jung in Zurich since 1921, and she now entered into a longer and more intensive analysis with him. The remarkable mandala paintings which she did to document her analysis serve as a kind of paradigm of the individuation process within the psyche of a modern woman and constitute an important foundational work in the early history of depth psychology.

This presentation will examine Dr. Mann’s mandala paintings as a “case study of individuation” and honor her role as one of the “Founding Mothers” of Jungian psychology in America. It is based on Jung’s presentation of the case in CW 9i, *Archetypes and the Collective Unconscious*, para. 525-626.

*Alan Drymala is a Diplomate Jungian Analyst and a graduate of the Research and Training Center for Depth Psychology according to C.G. Jung and Marie-Louise von Franz, Zurich, Switzerland. He is licensed in Texas and Colorado as a Licensed Professional Counselor and is president of the Board of the Jung Society of Colorado Springs.*