

C.G. Jung Society of Colorado Springs

P.O. Box 2277, Colorado Springs, CO 80901 – 2277

Csjung.org *(719) 460-0089* info@csjung.org

Newsletter, Fall 2024, Volume 38, Issue 1

A Statement From the Board

Individuation as Odyssey

The “red thread” of our Fall season is the theme of **Odyssey**. According to Merriam-Webster, “Odysseus, the hero of Homer’s Odyssey, spends 20 years traveling home from the Trojan War. He has astonishing adventures and learns a great deal about himself, even descending to the underworld to talk to the dead. Thus, an odyssey is any long, complicated journey, often a quest for a goal, and may be a spiritual or psychological journey as well as an actual voyage.”

This summer, I spent six weeks caring for my 94 year old mother as her health declined and she eventually passed. She completed her odyssey and returned home, in the deepest sense of the word. It was a precious time, one could even say a sacred time, and I will be forever grateful to have been present with her as she completed an extraordinary life.

Our lectures this season are reflections on “Odyssey”, and the meaning of completing one’s life, beginning in September with a reflection on Jung’s own life as his odyssey. Our October talk will focus on assimilating early archetypal themes of one’s life, and our November talk will examine the actual psychological process for imbuing life experience with meaning, via what Jung called the “transcendent function”. And our December meeting will be an in-person sharing of Jungian odysseys of Society members. We trust it will be meaningful.

-Alan Drymala, Board President

Thursday, September 12th, 2024: 7:00pm – 9:00pm

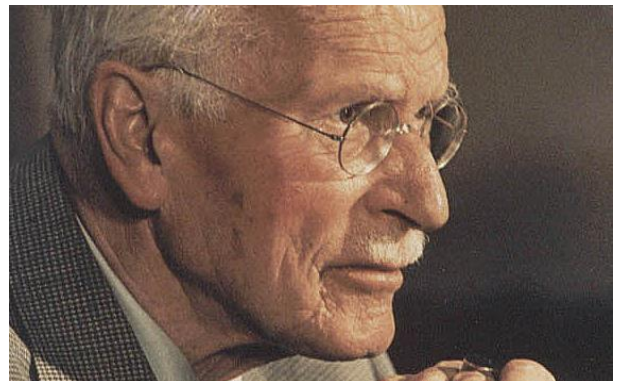
Roundtable Discussion: Saturday, September 14th, 2024, 11:00am – 1:00pm

Jung’s Odyssey: Filmed Interview with C. G. Jung (1959)

Facilitated by Alan Drymala, Diplomate Jungian Analyst

In 1959, C.G. Jung was interviewed for a BBC program, “Face to Face”, and this interview has become one of the most widely viewed of all meetings with Jung, offering a very human and personal picture of Jung and his life. In the interview, he discusses memorable episodes from his childhood, including encounters with schoolyard bullies and intolerable teachers, and describes the influence of significant persons in his life - father and mother, professors, Freud, and others - along with his experience of religion and belief in God.

He speaks of how he came to become an alienist, as psychiatrists were called back then, and tells of how some of his most important ideas came to him, from his schema of typology to his views on the “historical” side of all of us, i.e., our ancestral psyche and our archetypal roots.



We will view this interview through the lens of *odyssey* and consider the *steppingstones* - key moments and fateful decisions in his life - and consider how similar *steppingstones* and fateful moments have appeared in our own.

Alan Drymala is a Diplomate Jungian Analyst and a graduate of the Research and Training Center for Depth Psychology according to C.G. Jung and Marie-Louise von Franz, Zurich, Switzerland. He is licensed in Texas and Colorado as a Licensed Professional Counselor and is president of the Board of the Jung Society of Colorado Springs.

Thursday, October 10th, 2024: 7:00pm - 9:00pm

Roundtable Discussion: Saturday, October 12th, 2024, 11:00am - 1:00pm

Beginning the Odyssey: The Dimming of the Old Sun and the Rising of the New Moon

Lecture by Christine Chapman, Diplomate Jungian Analyst

In our Monday night reading group study of Jung's Red Book, we've been learning that the psychic material which erupted during Jung's late 30's continued to inform his psychological work for the rest of his life. This made me think of a poem that I wrote as a young woman in my 20's, and how that poem has stayed close in my thinking since that time.

Inspired by Jung taking his own early material seriously, I worked to amplify the themes in the poem and have come to the conclusion that this creative material from young adulthood already reflects my lifelong individuation themes. I hope this talk might encourage you to work with your own early dreams, drawings or poetry, and to value anew how the Self has been in ongoing communication with you throughout life.

Christine Chapman, Diplomate Jungian Analyst, is a graduate of the Research and Training Center for Depth Psychology according to CG Jung and Marie-Louise von Franz in Zurich, Switzerland. She has an analytical practice here in Colorado Springs and continues working as a clinical psychologist and analyst in Australia. She specializes in the feminine aspects of the psyche in Depth Psychology.



Join our Facebook Page

Please search for our official profile page on Facebook and give us a follow at **Jung Society of Colorado Springs** or follow the link to our profile found on our website, csjung.org (on the right side of the website's main page). We post regularly and would like to encourage discussion, not only on our regular posts, but also on our posts concerning our lectures, in order to foster further engagement in our Jung Society. The page is run by one of our very own board members: Sasha Elmore, Communications chair.

Newsletters in the Digital Age

In these changing times, The CS Jung Society Board has elected to move to a digital means of publishing our Newsletter through our website and through email. We will, however, continue to distribute through traditional mailing services if requested. If in the future you would still like to receive the Newsletter in physical print, please email us at info@csjung.org so that we can place you on that list.

Thursday, November 14th, 2024: 7:00pm - 9:00pm

Roundtable Discussion: Saturday, November 16th, 2024, 11:00am - 1:00pm

How Daily Life Becomes Odyssey: A Beginner's Guide to Jung's "Transcendent Function"

Lecture by Alan Drymala, Diplomate Jungian Analyst

How does a person move from living one's life as *history* to living one's life as *odyssey*, as an ultimate "coming home" to oneself? How do we find the deepest meanings of our fateful lives?

Jung found that we do this by *living symbolically*, not in some Disneyesque fashion, not in some fantastical way, but by discovering the *symbolic or archetypal meaning* of our everyday life experiences.

He discovered that when we join our unconscious imagery from dreams and imagination together with our conscious attitude, something happens psychically, organically something new is produced. And as he experimented with this, he worked out the rudiments of active imagination and even the guiding function behind individuation. He called this the "**transcendent function**".



This presentation is a beginner's guide to the "transcendent function," and a look at Jung's original method of working with his patients based directly on his own *Red Book* experiences, including how he used dreams and active imagination.

Alan Drymala is a Diplomate Jungian Analyst and a graduate of the Research and Training Center for Depth Psychology according to C.G. Jung and Marie-Louise von Franz, Zurich, Switzerland. He is licensed in Texas and Colorado as a Licensed Professional Counselor and is president of the Board of the Jung Society of Colorado Springs.

Thursday, December 5th, 2024: 7:00pm - 9:00pm

There will be NO Round Table Discussion following this event

A Community of Shared Odysseys: Reflections on the Jungian Journeys of Society Members

Facilitated by Christine Chapman and Alan Drymala



**Three Paths Meet
T. Cairns**

To conclude our season of talks on Odysseys, we would like to invite you to meet in person for an end of year gathering. We're hoping this can be a time for catching up with friends in the Society, sharing some mulled wine (or non-alcoholic beverages) and refreshments, and sharing your own Odysseys into the Jungian world. If you would like to share your journey with us this December, please let us know so we can plan the event. And if you would like to just join us for the end of year celebrations, RSVP to adrymala@gmail.com or cchapman@senet.com.au by Nov 14th so we can arrange an appropriate venue.

Christine Chapman and Alan Drymala are Diplomate Jungian analysts trained at the Centre for Depth Psychology according to C.G. Jung and Marie-Louise von Franz in Zurich, Switzerland. Both practice in Colorado Springs and serve on the Board of the Jung Society of Colorado Springs

C.G. Jung Society of Colorado Springs

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“My life is a story of the self-realization of the unconscious. Everything in the unconscious seeks outward manifestation, and the personality too desires to evolve out of its unconscious conditions and to experience itself as a whole... What we are to our inward vision, and what man appears to be sub specie aeternitatis, can only be expressed by way of myth.”

-C.G. Jung, "Memories, Dreams, Reflections"

MEMBERSHIP FEE: \$20 FOR FALL 2024 – SPRING 2025 SEASON
Lectures: \$10.00 Members, \$15.00 Non-Members; Students Free

Membership entitles you to:

- A member newsletter for both Fall and Spring terms.
- A reduced entry fee at each event per season.
- Links to online recordings of the lectures from the previous term.
- Stimulating events, making the ideas of Carl G. Jung more accessible.
- The opportunity to discuss Jung’s ideas with others similarly interested. **PLEASE PRINT CLEARLY**

NAME: _____

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Payments can also be received through the Paypal Link at the bottom of the main page on our website at: Csjung.org

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Payments: Season Membership (\$20): ____ Lectures (\$10 Members, \$15 Non-Members): __Sept __Oct __Nov __Dec

Additional Contribution: I am making a tax deductible additional donation of _____ to the C.G. Jung Society of Colorado Springs, a 501 C(3) organization.