

C.G. Jung Society of Colorado Springs

P.O. Box 2277, Colorado Springs, CO 80901 – 2277

Csjung.org *(719) 460-0089* info@csjung.org

Newsletter, Fall 2026, Volume 40, Issue 1

A Statement From the Board

This Fall season we are taking steps towards the future of the Jung Society with three new offerings for growing our online presence as well as our in-person community. Consider becoming a member if you are not currently one, and mark your calendars to attend these special offerings.

First of all, with a number of new faces showing up at our meetings, we would like to offer a twice monthly **Dream Group for Beginners**, open to anyone in the Society, led by Alan Drymala on the 1st and 3rd Wednesdays of the month from 5:30 – 7:00pm. This group will start up after our September 10th session, "The Way of the Dream", and have its initial meeting on Wednesday, September 23rd. Contact Alan at adrymala@gmail.com for more information and to sign up. This is a free Zoom offering.

Secondly, in October we are trying out a Saturday **In-Person Workshop: Creating Your Own Mandalas**, along with a bit of community as well. See details below for this hands-on event.

And thirdly, we are hosting an In-Person **Holiday Gathering** in December on a Saturday afternoon, complete with an Odyssey sharing and time spent together. Please plan to come with your favorite holiday treats as we catch up with each other and share our own odysseys.

-Alan Drymala, Board President

Thursday, September 10th, 2026: 7:00pm – 9:00pm MST

"Exploring the Way of the Dream: An Evening with Marie-Louise von Franz, Ph.D"

Facilitated by Alan Drymala, Diplomate Jungian Analyst



"Dreams show us how to find meaning in our lives, how to fulfill our own destiny, how to realize the greater potential of life within us."

Dreams have long been considered the "royal road to the unconscious." This evening is devoted to a return to this source – **the dream** – with wise teacher, Dr. Marie-Louise von Franz, a premier authority on interpreting these nightly utterances of the soul.

Together we will watch and discuss a portion of the film series, *The Way of the Dream*, featuring Dr. Von Franz as she interprets dreams and shares insights about the workings of our unconscious life. The films and their companion book have rightly become classics in the Jungian world.

*The original **Way of the Dream** is an extraordinary series of films made by Fraser Boa, who collected first-person accounts of dreams in street interviews with ordinary men and women in various parts of the world. He then asked the eminent psychoanalyst Marie-Louise von Franz to interpret these dreams in filmed interviews, just as she would in a private analytical session. The material covered includes dreams of men, dreams of women, what dreams tell us about ourselves and our relationships, the historical significance of dreams, and dreams about death and dying.*

Alan Drymala is a Jungian analyst and lecturer in Colorado Springs who graduated from the Research and Training Centre for Depth Psychology according to C.G. Jung and Marie-Louise von Franz in Zurich, Switzerland.

Thursday, October 8th, 2026: 7:00pm – 9:00pm MST

“Hekate: The Dark Goddess Who Holds the Light”

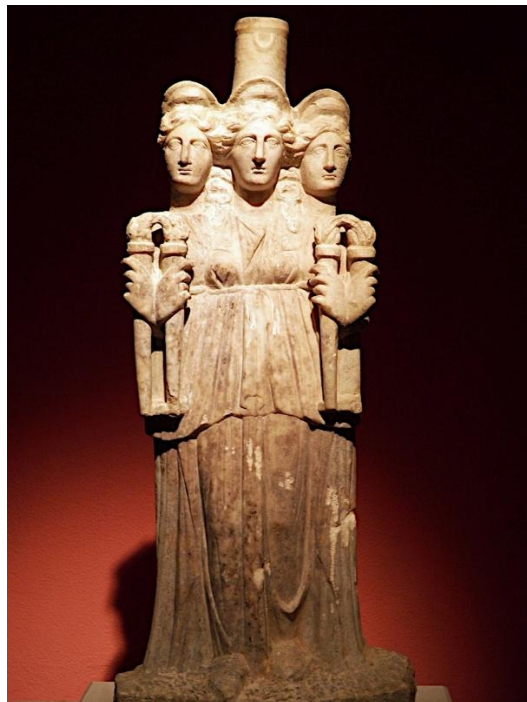
Lecture by Sarah Steinberg, Diplomat Jungian Analyst

This talk is about the image of the Greek goddess Hekate as an expression of the archetype of the dark feminine. Hekate’s manifestations in archeology, mythology and art reveal her as a Goddess who unites the split feminine image of “pure virgin” and the “dark witch” as she holds life, death and regeneration in a totality. The dark feminine is therefore viewed as a psychic experience of all that is underground: what is behind one, the haunting experiences of life, instinctual awareness, the mysterious and uncanny.

Within this archetypal experience is an ancient wisdom of how to traverse the crossroads of life, those threshold experiences which confront us with darkness as well as initiatory processes.

Hekate symbolizes a consciousness *within the unconscious*, existing as part of the darkness, illuminating it without starkly separating from what the darkness offers us. This is her distinctly feminine character, guiding us to the deepest meanings of fate that are both happening and wanting to happen in our modern lives.

Sarah Steinberg is a Diplomat Jungian analyst and graduate of the Research and Training Centre for Depth Psychology in Zurich, Switzerland. She has a private practice with clients worldwide and runs fairytale groups in which symbolic thinking is practiced and gets real. She earned a Masters in Conflict Facilitation and Organizational Change from the Process Work Institute and hold an Honors in Psychology from the University of Cape Town, with an undergraduate Bachelor of Arts from the University of South Africa. She has worked in various fields from conflict resolution to sexual assault and domestic violence advocacy, including leadership development and doing psychological assessments. Originally from South Africa, she currently lives with her family near Sebastopol, California.

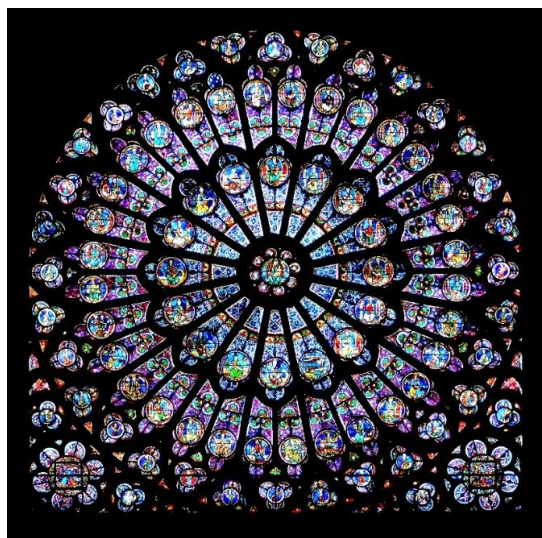


NEW

Saturday, October 17th: 10:00am – 4:00pm

“In-Person Mandala-Making Workshop”

Facilitated by Varya Kelly and Alan Drymala



This Saturday workshop will be an in-person event and will include a morning presentation on **“Mandalas as Religious Icons”** by Alan Drymala, and an afternoon hands-on workshop of **Creating Your Own Mandalas** with Varya Kelly, a lifelong artist with her BFA in Fine Arts and a dedication to helping others as a licensed Occupational Therapist using art as a healing modality.

The day workshop will be held in the Aspen Room of the Franciscan Retreat Center located at 7740 Deer Hill Grove, Colorado Springs, CO 80919. Gathering will be at 10 am, and the morning presentation will begin at 10:30am, with a lunch break from 11:30am – 1:00pm, and the afternoon workshop from 1:00 – 4:00pm.

Cost will be \$25 for members and \$30 for non-members. Lunch is on your own but participants are encouraged to bring a brown bag lunch to have our meal together. Contact Alan Drymala at adrymala@gmail.com or info@csjung.org to register for this event.

Thursday, November 12th, 2026: 7:00pm – 9:00pm MST

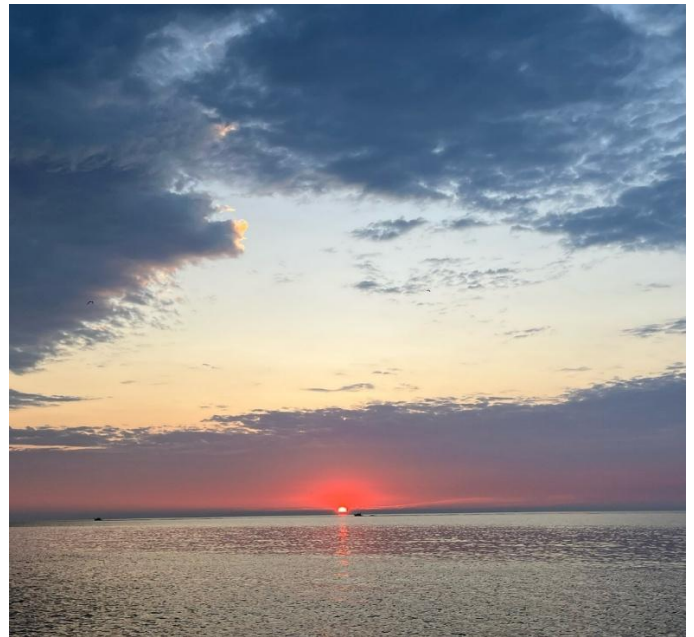
“Sunrise: Rebirth Into the Greater Personality”

Lecture by Renée Le Strange, Ph. D

The sun itself and the rising sun are represented in many myths, fairy tales, and legends across time and cultures that are a testament to their power as symbols for humanity. All life on earth is possible because of the existence of the sun, the star at the center of our solar system. Our species evolved with the ever-present sun rising and setting and we came to know its qualities of energy, fire, heat, light and its cycles introducing the opposites of day and night, light and dark, and warmth and cold.

As a symbol-making species, and by witnessing the sun’s consistent and persistent return after its setting, humankind came to see the moment of sunrise as representing rebirth, renewal, hope, and immortality. In Jungian psychology, more specifically, the rising sun is seen as representing the emergence of consciousness out of the darkness of the unconscious, part of the cycle of psychological death and renewal.

This talk will explore some myths of the sun personified as a god and the rituals practiced by indigenous cultures that bring humankind into an integral part of this divine cycle of death and rebirth. I will develop the idea that the rising sun can be seen to represent the ongoing incarnation of the Self, the bringing into concrete, daily reality the potentials waiting to be realized out of the darkness of the unconscious.



Renée Le Strange, Ph.D. is a psychologist living in Milwaukee, WI and finishing up a certificate from the C. G. Jung Institute of Zurich. She received a Ph.D. in Clinical Psychology from Pacifica Graduate Institute, followed by an internship at the C. G. Jung Institute of Los Angeles. Thereafter, she served as the Clinical Director of the C. G. Jung Institute of Chicago and a Board member of the C. G. Jung Society of Atlanta. After many years of clinical practice, she is now focusing on doing research on the relationship between biological evolution, an interest of hers from her Ph.D. research in Molecular Biology, and the process of individuation, including the evolution of consciousness.

Saturday, December 12th, 2026: 3pm – 5:30pm MST

“In Person Holiday Gathering”

With Odyssey Sharing by Chelley Gardner-Smith

Mark your calendars for our special in-person **December Holiday Gathering** for the Jung Society, to be held at the Woodmen Room of the Franciscan Retreat Center, located at 7740 Deer Hill Grove, Colorado Springs, CO 80919. Gathering will be at 3:00pm, with an Odyssey sharing by Society member Chelley Gardner-Smith beginning at 3:30pm, followed by further reflections of members present. ***Please bring your favorite holiday treat to share!***



Excerpt from Chelley’s odyssey: “When I was in high school, I saw my first quotes from Carl Jung. They led me to a place of wonder, comfort, and challenge as I continued my life journey - my odyssey. As I continued the trek I found Joseph Campbell, and my fascination grew. Now decades later I have been guided by their loving, mysterious and mystical words. I have realized life in me is sacred, full of meaning and that I, like you, are just one of the heroes of a thousand different faces.”

The **Odyssey Sharing** is a long-time Jung Society tradition of members sharing their own personal life stories as guided and influenced by the insights and wisdom of C.G. Jung. In regards to the special setting of the Franciscan Retreat Center, according to Jung, the imaginal life and consciousness of the modern person in Western culture is grounded consciously and unconsciously in the symbolic tradition of Christianity.

Join our Facebook Page

Please search for our official profile page on Facebook and give us a follow at **Jung Society of Colorado Springs** or follow the link to our profile found on our website, csjung.org (on the right side of the website's main page). We post regularly and would like to encourage discussion, not only on our regular posts, but also on our posts concerning our lectures, in order to foster further engagement in our Jung Society. The page is run by one of our very own board members: Sasha Elmore, Communications chair.

Zoom Lecture Reminder

For those who are new to the Colorado Springs Jung Society, or for those who are returning after a hiatus: our Lecture Series, which used to gather in person, now takes place over a Zoom Meeting. The link - as well as the briefings - to these meetings are sent out in an email in the weeks leading up to the event. We have chosen this route for the purpose of allowing as much access to the Lectures as can be made possible. For those craving in-person gathers, we encourage you to attend our Saturday workshop in October and our Holiday Gathering in December.

"In these times of social upheaval and rapid change, it is desirable to know much more than we do about the individual human being, for so much depends upon his mental and moral qualities. But if we are to see things in their right perspective, we need to understand the past of man as well as his present. That is why an understanding of myths and symbols is of essential importance."

-C.G. Jung, "Approaching the Unconscious"

MEMBERSHIP FEE: \$20 FOR FALL 2026 – SPRING 2027 SEASON
Lectures: \$10.00 Members, \$15.00 Non-Members; Students Free

Membership entitles you to:

1. A member newsletter for both Fall and Spring terms.
2. A reduced entry fee at each event per season.
3. Links to online recordings of the lectures from the previous term.
4. Stimulating events, making the ideas of Carl G. Jung more accessible.
5. The opportunity to discuss Jung's ideas with others similarly interested. **PLEASE PRINT CLEARLY**

NAME: _____

STREET ADDRESS: _____

CITY/STATE/ZIP: _____

EMAIL: _____ **PHONE:** _____

Payments can also be received through the Paypal Link at the bottom of the main page on our website at: Csjung.org

Make checks payable to: C.G. Jung Society of Colorado Springs

Mailing Address: C.G. Jung Society of Colorado Springs

P.O. Box 2277, Colorado Springs, CO 80901-2277

Contact us at: info@csjung.org or call (719) 460-0089

Payments: Season Membership (\$20): ____ Lectures (\$10 Members, \$15 Non-Members): __Sep __Oct __Nov __Dec

Additional Contribution: I am making a tax deductible additional donation of _____ to the C.G. Jung Society of Colorado Springs, a 501 C(3) organization.